#### Academic Support Syllabus

#### Mr. Loomis

#### Rm. 324

**Contact Information:** 

bloomis@winthrop.k12.ma.us

After school availability: Tuesday's

**Google Classroom Codes:** 

Section 1: ghofhyz

Section 2: r7v27fb

**Course Overview**: Welcome to Academic Support! This course is designed to provide students with the tools, strategies, and resources they need to excel in their academic pursuits. Whether you're looking to improve study skills, manage time more effectively, or enhance your learning strategies, this class aims to equip you with essential executive functioning skills for success!

Course Objectives: By the end of this course, students will:

- Develop effective study habits and time management skills.
- Develop and improve planning and organization of tasks.
- Learn strategies to use and apply one's working memory and metacognition
- Practice and improve personal skills such as self-regulation, work ethic, and adaptability
- Build and develop self-advocacy skills in both academic and social situations

#### Year long Goals:

- Strengthen executive functioning skills.
- Consistent work completion throughout all your classes.
- Self-advocate for yourself when you need help.
- Be the best version of yourself.

#### **Policies and Expectations:**

The Three R's:

### RESPECT

• My number one expectation is for you to have respect across all aspects of this class. Have respect for your peers, your school work and materials, me, our classroom and the materials within it. If you respect the people around you and the environment you're in, you will in turn be respecting yourself.

### RESPONSIBILITY

• I will expect you to be responsible for your assignments and learning materials. I will expect you to come to class on time and prepared with any assignments and items you need in order to complete them. I will do my best to help you with any work you bring to class so long as you are responsible for having them with you and ready to work on. I will also expect you to act responsibly while you're in this room.

#### RESOURCEFULNESS

• In this class, I will expect you to develop skills and comfort with being resourceful. What I mean is, as we work together, I want you to find new ways to access and obtain information you need. There are seemingly endless resources available to you, and I am ready to help you find them and answer questions alongside you. That means I will expect you to determine a method you're comfortable with in order to advocate for yourself.

#### **Executive Functioning**

Executive functioning empowers students by helping them understand their strengths and weaknesses and teaches them critically important executive function strategies. Executive functioning includes activities and skills such as:

- 1. Goal setting
- 2. Cognitive flexibility/thinking flexibly
- 3. Organizing and prioritizing
- 4. Accessing working memory
- 5. Self-monitoring and checking

In Academic Support, students will follow along to guided instruction and complete independent activities relating to the 5 key executive functioning processes. It is expected that students take part in the lessons/activities on a daily basis and this will factor into their grade for the class.

#### **Classwork Policy**

It is important that all students use their time effectively during Academic Support. You must come to class prepared to work on assignments. Your teacher will help you organize your materials for your classes, as well as assist you on homework assignments and prepare for upcoming tests/quizzes, when needed. You need to do your best to stay on task and work on assignments during the Academic Support period. If you are not working on assignments and you are using the time unproductively, you will not earn full credit and can fall behind in your

classes.

### **Calculating Your Grade**

Each day a student can earn up to 10 "Daily Academic Support Points".

- Accurately and thoroughly complete daily/weekly support materials (e.g., organizational tools, journal entries, etc.) 5 points
- Using the class period effectively to work on assignments and receive help- 5 points

Students can earn up to 5 points for completing activities (5 points per activity)

Throughout each quarter students will have to complete reflection assignments which will be factored into their grade.

#### Attendance/Participation:

Students are expected to come to class every day with their required materials. Students are expected to use the time period effectively to complete assignments and receive help, if needed. **Important note: you are never allowed to arrive to class late without a note from a teacher**. Any late arrival to class will automatically cause you to receive a 10-minute teacher session after school. Failure to appear for your teacher session will result in a disciplinary referral and an official detention.

# Winthrop High School Plagiarism Policy

Any student who cheats/plagiarizes on an examination, or any other assignment, shall receive a zero, and may not make-up such work. The students' parents/guardians will be notified.

# **Artificial Intelligence**

Any use of artificial intelligence (ie. Snapchat AI, CHATGPT, etc.), or any other technology labeled as such by WPS administration, on any assignment, assessment or schoolwork is prohibited. The teacher may take steps to corroborate an accusation including, but not limited to, comparing language used in written samples from previous assignments, examining revision history on documents, and administering other types of assessments to show mastery of content (ie. oral exams, written exams, etc.). Use of such technology will be treated as plagiarism or cheating and will result in the same disciplinary action as stated in the plagiarism policy laid out in the handbook.

### **Classroom Rules**:

- Arrive to class on time and prepared to work.
- No food, drinks, or hats.
- Students will be asked to put their phones in their bag at the beginning of class. Students will be given breaks throughout the class period in which they can use their phone. Students are not allowed to use their phones during non-break time. If they are caught using their cell phone during non-break time, they will be asked to put their phone in the classroom phone holder.
- If a student is caught watching Netflix/Youtube or any other videos that are not explicitly assigned by either myself or another teacher, they will first receive a verbal warning. If it happens again, the student will receive a 10-minute teacher session after school.
- If a student is caught playing any video games at all, they will first receive a verbal warning. If caught a second time, the student will receive a teacher session after school. Three or more occurrences will result in further disciplinary actions.
- Students must be attentive and quiet when either the teacher or another student is speaking.
- RESPECT your fellow students. Everyone in this class has different learning styles and different strengths and weaknesses. We can help each other out, but we will NEVER put down another student in the class, ever.

#### Vision of the Graduate

Winthrop High School strives to ensure its graduates are able to become productive citizens of their town, their state, and their nation. To do this, the school in 2011 embraced the following learning objectives, on which students are evaluated quarterly. Taken together, they express a community vision for what we want our graduates to be, know, and do.

WHS Students will become ...

# Critical Thinkers

- They will use, apply, and evaluate multiple problem-solving strategies in a variety of disciplines.
- They will be able to select, organize, and evaluate new ideas.
- They will demonstrate the ability to actively and critically read.

- They will develop the skills and acquire the knowledge necessary to prepare them for college and career success
- They will be able to set priorities, and manage their time and tasks.

# Effective Communicators

- They will communicate ideas and information with clarity and with an understanding of their audience.
- They will integrate and use a variety of communication forms.
- They will listen effectively and respond appropriately to spoken communication.
- They will master standard English-language conventions.

# **Conscientious Citizens**

- They will be aware of, and follow, their community's rules and laws
- They will respect themselves and the community at large.
- They will be aware of and respect social and cultural diversity.
- They will understand, promote, and show the importance of hard work to achieve success.
- They will own their mistakes, and will learn from them.

# **Creative** Achievers

- They will show curiosity and enthusiasm in everything they do.
- They will work and think originally.
- They will appreciate the arts in their many forms.
- They will select, organize, and develop innovative ideas.
- They will build off the ideas of others.

Acknowledgement of Understanding:

I have read and understand the policies and expectations stated in this syllabus:

Student Signature:

Date:

Parent/guardian Signature:

Date: