



November 2025

CUMMINGS ELEMENTARY SCHOOL

LUNCH MENU

OFFERED DAILY:

SUN BUTTER & JELLY SANDWICH

CHEESE SANDWICH

SEE MENU WHEN OFFERED

Make your Own
Pizza Bagel Lunch
Sauce/Cheese/
Pepperoni(pork)/
Vegetable & Fruit

LUNCH PACK
Yogurt cup, Cheese
stick Crackers,
Vegetable & Fruit

Every meal comes
complete with choice
of
fresh fruit + veggies.
Selections which
may
include:
Carrots, Cucumbers,
Celery, Peppers,
Assorted Fresh Fruit
and
more!

Milk Choices Include:
1%
White + Low Fat
Chocolate

MON	TUES	WED	THURS	FRI
3 Chicken Tenders Breadsticks Crispy Chicken Salad Turkey & Cheese Sub Vegetarian Beans Baby Carrots	4 No School	5 Early Release Day Lunches Available in Cafeteria at Dismissal	6 Cheese Pizza Pepperoni Pizza Crispy Chicken Salad Turkey & Cheese Sub Broccoli Florets Grape Tomatoes	7 Waffles & Chicken Sausages Crispy Chicken Salad Turkey & Cheese Sub Sweet Corn Baby Carrots
10 Cheeseburger Beef Burger Veggie Burger Salad w/Cheese Chicken Salad Sub Crisp Cucumbers French Fries	11 Veteran's Day No School	12 Baked Penne Breadsticks Salad w/Cheese Chicken Salad Sub Broccoli Florets Baby Carrots	13 Cheese Pizza Pepperoni Pizza Salad w/Cheese Chicken Salad Sub Green Beans Grape Tomatoes	14 Pancakes & Chicken Sausages Salad w/ Cheese Chicken Salad Sub Sweet Corn Baby Carrots
17 Chicken Patty Sandwich Grilled Chicken Salad Turkey & Cheese Sub Green Beans Baby Carrots	18 Chicken Soft Tacos Cup of Salsa Grilled Chicken Salad Turkey & Cheese Sub Vegetarian Beans Grape Tomatoes	19 Penne Pasta & Turkey Meatballs Grilled Chicken Salad Turkey & Cheese Sub Broccoli Florets Celery Sticks	20 Cheese Pizza Pepperoni Pizza Grilled Chicken Salad Turkey & Cheese Sub Peas & Carrots Baby Carrots	21 Waffles & Chicken Sausages Grilled Chicken Salad Turkey Cheese Sub Sweet Corn Crisp Cucumbers
24 Mac & Cheese Dinner Roll Chef's Salad Ham & Cheese Sub Broccoli Florets Crisp Cucumbers	25 Turkey Nachos w/ Scoops Cup Of Salsa Chef's Salad Ham & Cheese Sub Vegetarian Beans	26 Early Release Day Lunches Available in Cafeteria at Dismissal	27 Thanksgiving Break No School	28 Thanksgiving Break No School

Menus are subject to change.

1 Breakfast + 1 Lunch = Free for ALL students

Milk ONLY \$0.50 ● Extra Entrée \$3.00

Make payments & view transactions at myschoolbucks.com

Food & Nutrition Office:
617-846-5505 ext 7210 ● Mcgrath-Laura@aramark.com

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STUDENT
NUTRITION

This institution is an equal opportunity provider.

