



November 2025

MIDDLE/HIGH SCHOOL | LUNCH MENU

DAILY OFFERINGS:

SUN BUTTER & JELLY
SANDWICH 

BAGEL LUNCH 

HUMMUS PLATE 

FRUIT & YOGURT PARFAIT 

FRESHLY MADE
SANDWICHES & WRAPS

HOT GRAB & GO

MAKE YOUR OWN RICE
BOWLS

Every meal comes
complete with choice of
fresh fruit + veggies.
Selections which may
include:
Carrots, Cucumbers,
Celery, Peppers,
Assorted Fresh Fruit and
more!

Milk Choices Include: 1%
White + Low Fat Chocolate

MON	TUES	WED	THURS	FRI
Chicken Tenders 3 Whole Grain Breadstick Grape Tomatoes Green Beans	PD Day 4 No School	Chicken Vegetable Dumplings 5 General Tso's Sauce Broccoli Florets Baby Carrots	Penne Pasta Beef Meat Sauce 6 Carrots Cucumber Coins	Breakfast for Lunch 7 French Toast Chicken Sausage Sweet Corn Grape Tomatoes
Baked Penne Pasta 10 Broccoli Florets Baby Carrots	Veteran's Day 11 No School	Chicken & Bean Burrito Veggie Bean Burrito 12 Peas & Carrots Grape Tomatoes	Buffalo Chicken Flatbread 13 Mini Corn Dogs Green Beans Celery Sticks	Breakfast for Lunch 14 Pancakes Chicken Sausage Sweet Corn Baby Carrots
Chicken Parn 17 Penne Pasta Broccoli Florets Cucumber Coins	Gochujang Hot Honey 18 Chicken Sandwich Green Beans Baby Carrots	Popcorn Chicken 19 Tater Tots Breadsticks Carrots Celery Sticks	Walking Frito Taco 20 Sour Cream & Salsa Vegetarian Beans Grape Tomatoes	Breakfast for Lunch 21 French Toast Chicken Sausage Sweet Corn Baby Carrots
Meatball Parm Sub 24 Green Beans Cucumber Coins	Mac & Cheese w/ Buffalo Chicken 25 Broccoli Florets Baby Carrots	Early Release Day 26 Lunches Available in Cafeteria at Dismissal	Thanksgiving Break 27 No School	Thanksgiving Break 28 No School
 Means meal is vegetarian				

Menus are subject to change.

1 Breakfast + 1 Lunch = Free for ALL students

Milk ONLY \$0.50 ● Extra Entrée \$3.00

Make payments & view transactions at myschoolbucks.com

Food & Nutrition Office:
617-846-5505 ext. 7210 ● Mcgrath-Laura@aramark.com

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STUDENT
NUTRITION

This institution is an equal opportunity provider.

