



# October 2025

## CUMMINGS ELEMENTARY SCHOOL LUNCH MENU

### OFFERED DAILY:

SUN BUTTER & JELLY  
SANDWICH 

CHEESE SANDWICH 

### SEE MENU WHEN OFFERED

Make your Own Pizza  
Bagel Lunch  
Sauce/Cheese/  
Pepperoni(pork)/  
Vegetable & Fruit

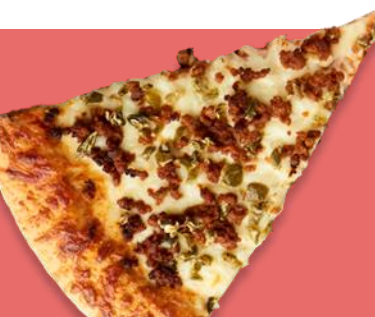
**LUNCH PACK**   
Yogurt cup, Cheese  
stick Crackers,  
Vegetable & Fruit

Every meal comes  
complete with choice  
of  
fresh fruit + veggies.  
Selections which may  
include:  
Carrots, Cucumbers,  
Celery, Peppers,  
Assorted Fresh Fruit  
and  
more!

Milk Choices Include:  
1%  
White + Low Fat  
Chocolate  
\*Milk alternatives  
offered upon request\*

MON	TUES	WED	THURS	FRI
 Means meal is vegetarian		<b>Penne Pasta &amp; Meatballs</b> <sup>1</sup> Crispy Chicken Salad Turkey & Cheese Sub Broccoli Florets Grape Tomatoes	<b>Cheese Pizza</b> <sup>2</sup> <b>Pepperoni Pizza</b> Crispy Chicken Salad Turkey & Cheese Sub Green Beans Baby Carrots	<b>Breakfast for Lunch</b> <sup>3</sup> <b>Waffles &amp; Chicken Sausages</b> Crispy Chicken Salad Turkey & Cheese Sub Sweet Corn
<b>Cheeseburger</b> <sup>6</sup> <b>Beef Burger</b> <b>Veggie Burger</b> Crispy Chicken Salad Chicken Salad Sub French Fries Baby Carrots	<b>Mini Corn Dog</b> <sup>7</sup> <b>WG Bread Stick</b> Crispy Chicken Salad Chicken Salad Sub Vegetarian Beans Grape Tomatoes	<b>Early Release Day</b> <sup>8</sup>  Lunches Available in Cafeteria at Dismissal	<b>Cheese Pizza</b> <sup>9</sup> <b>Pepperoni Pizza</b> Crispy Chicken Salad Chicken Salad Sub Broccoli Florets Baby Carrots	<b>Breakfast for Lunch</b> <sup>10</sup> <b>Pancakes &amp; Chicken Sausage</b> Crispy Chicken Salad Chicken Salad Sub Sweet Corn Cucumber Coins
<b>Columbus Day</b> <sup>13</sup>  <b>No School</b>	<b>Chicken Soft Tacos</b> <sup>14</sup> <b>Cup of Salsa</b> Salad w/ Cheese Ham & Cheese Sub Vegetarian Beans Grape Tomatoes	<b>Early Release Day</b> <sup>15</sup>  Lunches Available in Cafeteria at Dismissal	<b>Cheese Pizza</b> <sup>16</sup> <b>Pepperoni Pizza</b> Salad w/Cheese Ham & Cheese Sub Green Beans Baby Carrots	<b>Breakfast for Lunch</b> <sup>17</sup> <b>Pancakes &amp; Chicken Sausage</b> Salad w/Cheese Ham & Cheese Sub Sweet Corn Crisp Cucumbers
<b>Mac "N" Cheese</b> <sup>20</sup> <b>Breadstick</b> <i>Make your own Pizza Bagel</i> Turkey & Cheese Sub Broccoli Florets	<b>Turkey Nachos</b> <sup>21</sup> <b>W/Scoops</b> <b>Cup of Salsa</b> Grilled Chicken Salad Turkey & Cheese Sub Vegetarian Beans Baby Carrots	<b>Early Release Day</b> <sup>22</sup>  Lunches Available in Cafeteria at Dismissal	<b>Pizza Crunchers</b> <sup>23</sup> Grilled Chicken Salad Turkey & Cheese Sub Peas Grape Tomatoes	<b>Breakfast for Lunch</b> <sup>24</sup> <b>Waffles &amp; Chicken Sausage</b> Grilled Chicken Salad Turkey & Cheese Sub Sweet Corn
<b>Popcorn Chicken</b> <sup>27</sup> <b>Breadstick</b> Chef's Salad Tuna Salad Sub Broccoli Florets Crisp Cucumbers	<b>Chicken Quesadilla</b> <sup>28</sup> <b>Cup of Salsa</b> Chef's Salad Tuna Salad Sub Green Beans Baby Carrots	<b>Early Release Day</b> <sup>29</sup>  Lunches Available in Cafeteria at Dismissal	<b>Cheese Pizza</b> <sup>30</sup> <b>Pepperoni Pizza</b> Chef's Salad Tuna Salad Sub Vegetarian Beans Grape Tomatoes	<b>Breakfast for Lunch</b> <sup>31</sup> <b>Pancakes &amp; Chicken Sausage</b> Chef's Salad Tuna Salad Sub Sweet Corn

Menus are subject to change.



1 Breakfast + 1 Lunch = Free for ALL students

Milk ONLY \$0.50 • Extra Entrée \$3.00

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NUTRITION

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