



October 2025

FORT BANKS ELEMENTARY SCHOOL LUNCH MENU

OFFERED DAILY:

SUN BUTTER & JELLY
SANDWICH 

CHEESE SANDWICH 

SEE MENU WHEN OFFERED

Make your Own Pizza
Bagel Lunch
Sauce/Cheese/
Pepperoni(pork)/
Vegetable & Fruit

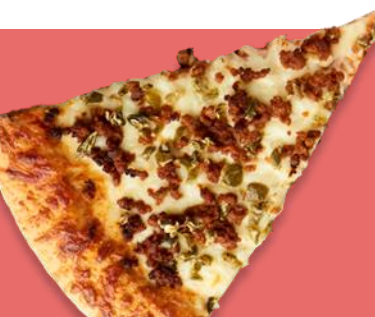
LUNCH PACK 
Yogurt cup, Cheese
stick Crackers,
Vegetable & Fruit

Every meal comes
complete with choice
of
fresh fruit + veggies.
Selections which may
include:
Carrots, Cucumbers,
Celery, Peppers,
Assorted Fresh Fruit
and
more!

Milk Choices Include:
1%
White + Low Fat
Chocolate
*Milk alternatives
offered upon request*

| MON | TUES | WED | THURS | FRI |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
|  Means meal is vegetarian | | Penne Pasta & Meatballs ¹ Crispy Chicken Salad Turkey & Cheese Sub Broccoli Florets Grape Tomatoes | Cheese Pizza ² Pepperoni Pizza Crispy Chicken Salad Turkey & Cheese Sub Green Beans Baby Carrots | Breakfast for Lunch ³ Waffles & Chicken Sausages Crispy Chicken Salad Turkey & Cheese Sub Sweet Corn |
| Cheeseburger ⁶ Beef Burger Veggie Burger Crispy Chicken Salad Chicken Salad Sub French Fries Baby Carrots | Mini Corn Dog ⁷ WG Bread Stick Crispy Chicken Salad Chicken Salad Sub Vegetarian Beans Grape Tomatoes | Early Release Day ⁸ Lunches Available in Cafeteria at Dismissal | Cheese Pizza ⁹ Pepperoni Pizza Crispy Chicken Salad Chicken Salad Sub Broccoli Florets Baby Carrots | Pancakes & Chicken Sausage ¹⁰ Crispy Chicken Salad Chicken Salad Sub Sweet Corn Cucumber Coins |
| Columbus Day ¹³ No School | Chicken Soft Tacos ¹⁴ Cup of Salsa Salad w/ Cheese Ham & Cheese Sub Vegetarian Beans Grape Tomatoes | Early Release Day ¹⁵ Lunches Available in Cafeteria at Dismissal | Cheese Pizza ¹⁶ Pepperoni Pizza Salad w/Cheese Ham & Cheese Sub Green Beans Baby Carrots | Pancakes & Chicken Sausage ¹⁷ Salad w/Cheese Ham & Cheese Sub Sweet Corn Crisp Cucumbers |
| Mac "N" Cheese ²⁰ Breadstick <i>Make your own Pizza Bagel</i> Turkey & Cheese Sub Broccoli Florets | Turkey Nachos ²¹ W/Scoops Cup of Salsa Grilled Chicken Salad Turkey & Cheese Sub Vegetarian Beans Baby Carrots | Early Release Day ²² Lunches Available in Cafeteria at Dismissal | Pizza Crunchers ²³ Grilled Chicken Salad Turkey & Cheese Sub Peas Grape Tomatoes | Waffles & Chicken Sausage ²⁴ Grilled Chicken Salad Turkey & Cheese Sub Sweet Corn Baby Carrots |
| Popcorn Chicken ²⁷ Breadstick Chef's Salad Tuna Salad Sub Broccoli Florets Crisp Cucumbers | Chicken Quesadilla ²⁸ Cup of Salsa Chef's Salad Tuna Salad Sub Green Beans Baby Carrots | Early Release Day ²⁹ Lunches Available in Cafeteria at Dismissal | Cheese Pizza ³⁰ Pepperoni Pizza Chef's Salad Tuna Salad Sub Vegetarian Beans Grape Tomatoes | Breakfast for Lunch ³¹ Pancakes & Chicken Sausage Chef's Salad Tuna Salad Sub Sweet Corn |

Menus are subject to change.



1 Breakfast + 1 Lunch = Free for ALL students

Milk ONLY \$0.50 • Extra Entrée \$3.00

Make payments & view transactions at myschoolbucks.com

Food & Nutrition Office:
617-846-5505 ext 7210 • Mcgrath-Laura@aramark.com

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potential.

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STUDENT
NUTRITION

This institution is an equal opportunity provider.