



October 2025

MIDDLE/HIGH SCHOOL | LUNCH MENU

MON		TUES		WED		THURS		FRI	
<div> Means meal is vegetarian</div>				Chicken/Vegetable ¹ Dumplings/General Tso Sauce Brown Rice Broccoli Florets Grape Tomatoes		Penne Pasta ² Beef Meat Sauce Dinner Roll Green Beans Baby Carrots		Breakfast for Lunch ³ French Toast & Chicken Sausages Sweet Corn Cucumber Coin	
Baked Penne Pasta ⁶ Broccoli Florets Baby Carrots		Top Your Own ⁷ Burger Bar French Fries Grape Tomatoes		Early Release Day ⁸ Lunches Available in Cafeteria at Dismissal		Buffalo Chicken Flatbread ⁹ Vegetarian Beans Cucumber Coins		MS Half Day ¹⁰ Breakfast for Lunch Pancakes & Chicken Sausages Sweet Corn Celery Sticks	
Columbus Day ¹³ No School		Chicken Fajitas ¹⁴ Sour Cream & Salsa Vegetarian Beans Baby Carrots		Early Release Day ¹⁵ Lunches Available in Cafeteria at Dismissal		Beef Nachos ¹⁶ Tortilla Chops Sour Cream & Salsa Broccoli Florets Cucumber Coins		Breakfast for Lunch ¹⁷ French Toast & Chicken Sausages Sweet Corn Grape Tomatoes	
Beef Meatball ²⁰ Parm Sub Green Beans Cucumber Coins		Sausage & Cheesy ²¹ Potato Soup Pretzel Nuggets Broccoli Florets Baby Carrots		Popcorn Chicken ²² Tater Tots Bread Stick Green Beans Grape Tomatoes		Turkey Nachos ²³ Sour Cream & Salsa Carrots Celery Sticks		Breakfast for Lunch ²⁴ Pancakes & Chicken Sausages Sweet Corn Baby Carrots	
Beef Lasagna ²⁷ Dinner Roll Broccoli Florets Baby Carrots		Mac & Cheese w/ ²⁸ Buffalo Popcorn Chicken Dinner Roll Green Beans Grape Tomatoes		Soft Chicken Tacos ²⁹ Sour Cream & Salsa Vegetarian Beans Cucumber Coins		Top Your Own ³⁰ Baked Potato Breadstick Carrots Celery Sticks		Breakfast for Lunch ³¹ French Toast Chicken Sausages Sweet Corn Baby Carrots	

Menus are subject to change.

1 Breakfast + 1 Lunch = Free for ALL students

Milk **ONLY** \$0.50 • Extra Entrée \$3.00

Make payments & view transactions at myschoolbucks.com

Food & Nutrition Office:

617-846-5505 ext 7210 • Mcgrath-Laura@aramark.com

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